







Week 1	Meat Free Monday	Traditional Tuesday	World Food Wednesday	Try it Out Thursday	Friday Favourites
Choice 1	Spinach & Feta Whirl	Roast Lamb & Yorkshire Pudding	Chicken & Vegetable Jolloff Rice	Beef/Lamb* Burrito	Spaghetti & Meatballs in Marinara Sauce
Choice 2	Lemon & Herb Crusted Fish	Fisherman's Pie	Fish Fingers	Fish Burger with Salad & Lemon Mayo	Fish Biryani
Vegetarian	Cheese & Tomato Pizza	Southern Style Veggie Burger* in Wholemeal Bun	Vegetable Samosa with Rice*	Quorn & Sweet Potato Curry & Rice	Mac 'n' Cheese
Unlimited Sides	Baked New Potatoes Sweetcorn Salad Selection	Roast Potatoes Seasonal Veg Salad Selection	Herby Potatoes Green Beans Mini Corn on the Cob Salad Selection	Potato Wedges Organic Carrots Salad Selection	Chips Baked Beans Peas Salad Selection
Dessert	Apple Flapjack* 	Chocolate & Mandarin Mousse	Tropical Fruit Traybake* 	Apricot Shortbread With Greek Yoghurt*	Jelly, Fruit & Ice Cream*
Daily Options	Fresh Fruit Platter / Organic Yoghurt  / Cheese & Biscuits / Freshly Baked Bread				

* Please indicate preference

* Vegan – egg & dairy free dish

* Egg free





Week 2	Meat Free Monday	Traditional Tuesday	World Food Wednesday	Try it Out Thursday	Friday Favourites
Choice 1	Spanish Omelette	Roast Chicken with Sage & Onion Stuffing	Sweet & Sour Chicken & Fried Rice	Tuscan Beef/Lamb* Pasta Bake	'Brunch Special' Sausage, Egg, Tomato
Choice 2	Fish Finger Wrap	Fish in Batter	Creamy Coconut Fish Curry & Naan	White Fish Bake & New Potatoes	Tuna Hoagie Melt
Vegetarian	Vegetarian Lasagne	Vegetarian Lentil Shepherd's Pie*	Cheese & Onion Slice	Roast Vegetable Pie*	Jacket Potato with Cheese*
Unlimited Sides	Focaccia Sweetcorn Salad Selection	Roast Potatoes Seasonal Veg Salad Selection	Country Vegetables Tomato & Cucumber Salad Selection	Organic Carrots Broccoli Salad Selection	Jacket Wedges Peas, Baked Beans Salad Selection
Dessert	Oat & Raisin Cookie*	Jelly, Fruit & Ice Cream*	Mango & Pineapple Crumble with Custard* 	Lemon Sponge Slice* 	Waffle with Fruit & Ice Cream
Daily Options	Fresh Fruit Platter / Organic Yoghurt  / Cheese & Biscuits / Freshly Baked Bread				

* Please indicate preference

* Vegan – egg & dairy free dish

* Egg free



Week 3	Meat Free Monday	Traditional Tuesday	World Food Wednesday	Try it Out Thursday	Friday Favourites
Choice 1	Vegetarian Spaghetti Bolognese	Roast Turkey with Sage & Onion Stuffing	Lamb Keema & Naan Bread	BBQ Kickin' Chicken Wrap	Burger in Bun with Jacket Wedges
Choice 2	Fish Burger with Salad	Fish Fingers	Tuna Pizza	Tuna & Sweet Pepper Pasta Bake	Jacket Potato with Tuna & Sweetcorn
Vegetarian	Moroccan Style Veggie Balls with Couscous*	Cheese & Leek Quiche	Chickpea & Potato Curry*	Quorn Hot Dog with Onions	Vegetable Stir Fry with Egg Noodles
Unlimited Sides	Mixed Vegetables Broccoli Salad Selection	Roast Potatoes Seasonal Veg Salad Selection	Rice / Green Beans Sweetcorn Salad Selection	Mini Corn on the Cob Salad Selection	Baked Beans Garden Peas Salad Selection
Dessert	Chocolate & Beetroot Brownie 	Fruit Ice Lolly	Lemon & Banana Loaf	Dorset Apple Cake & Custard* 	Scotch Pancake with Fruit
Daily Options	Fresh Fruit Platter / Organic Yoghurt  / Cheese & Biscuits / Freshly Baked Bread				

*Please indicate preference

* Vegan – egg & dairy free dish

* Egg free

