



YOUR MENU @

**WOODGRANGE
INFANT SCHOOL**

----- Spring - Summer 2023 -----

WEEK 1	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	Veggie Pasta Bake V	'Fishwich' in a Bun with New Potatoes	Roast Chicken & Stuffing with Roast Potatoes	Chicken Meatballs with Spaghetti	Fish Fingers served with Jacket Wedges
Second Choice	Sri Lankan Vegetable Curry with Basmati Rice V	Jacket Potato with Cheese & Beans V	Veggie Keema with Rice & Naan V	Wholemeal Spinach & Ricotta Pasta Parcels V	Cajun Spiced Vegetable Stew with Jacket Wedges V
Sandwich Choice	Cheese or Tuna Sandwiches	Cheese or Tuna Sandwiches	Cheese or Tuna Sandwiches	Cheese or Tuna Sandwiches	Cheese or Tuna Sandwiches
Vegetable Selection	Sweetcorn Fresh Broccoli	Mixed Vegetables Baked Beans	Baby Carrots Peas	Cauliflower Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Raspberry Ripple Ice Cream Sponge Roll	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Belgian Waffle with Fruit Salad
Daily Options					
Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt					

WEEK 1

17 APR, 8 MAY, 5 JUN, 26 JUN, 17 JUL, 4 SEPT, 25 SEP, 16 OCT

Meat Served at this School is Halal

KEY: V - Vegetarian PB - Plant Based SS - Sugar Smart
ND - New Dish FGR - In association with Forest Green Rovers

Eat for Free Scheme funded by



DINEin
AND DISCOVER



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WEEK 2	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	Quorn Pasta Bake V	Chicken Burger in a Bun with Herby Diced Potatoes	Roast Turkey & Yorkshire Pudding With Roast Potatoes	Lamb Tikka Masala with Rice	Fish Fingers with Jacket Wedges
Second Choice	Quorn Frankfurter Hot Dog with Herby Diced Potatoes V	Jacket Potato with Cheese & Beans V	Veggie Toad in the Hole with Roast Potatoes V	Cheese & Tomato Pizza Slice V	Chickpea & Potato Curry with Rice V
Sandwich Choice	Cheese or Tuna Sandwiches	Cheese or Tuna Sandwiches	Cheese or Tuna Sandwiches	Cheese or Tuna Sandwiches	Cheese or Tuna Sandwiches
Vegetable Selection	Sweetcorn Fresh Broccoli	Garden Peas Baked Beans	Baby Carrots Cauliflower	Mixed Vegetables Sweetcorn	Fresh Vegetables Green Beans
Dessert of the Day	Frozen Yoghurt Cake with Fruit Salad	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Black Forest Slice with Ice Cream SS
Daily Options Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt					

WEEK 2

24 APR, 15 MAY, 12 JUN, 3 JUL, 11 SEPT, 2 OCT

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WEEK 3	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	Vegan Burger with Tomato & Vegan Mayo V	Baked Sausages with Mashed Potatoes	BBQ Chicken with New Potatoes	Kickin' Chicken Enchilada with Jacket Wedges	Fish Fingers with Chips
Second Choice	Mac 'n' Cheese with Focaccia Slice V	Jacket Potato with Cheese & Beans V	Veggie Tikka Naan with Indian Style Salad V	Southern Style Burger in a Roll with Jacket Wedges V	Cheese & Onion Slice with Chips V
Sandwich Choice	Cheese & Tuna Sandwiches	Cheese & Tuna Sandwiches	Cheese & Tuna Sandwiches	Cheese & Tuna Sandwiches	Cheese & Tuna Sandwiches
Vegetable Selection	Sweetcorn Fresh Broccoli	Baked Beans Mixed Vegetables	Baby Carrots Garden Peas	Green Beans Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Frozen Fruit Smoothie	Fresh Fruit Platter ND	Fresh Fruit Platter	Fresh Fruit Platter	Fruit & Jelly with Ice Cream
Daily Options		Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt			

WEEK 3

1 MAY, 22 MAY, 19 JUN, 10 JUL, 18 SEPT, 9 OCT

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